



F.A.S.T. WARNING SIGNS: SPOTTING A STROKE AND TAKING ACTION

When it comes to recognizing a stroke, every second counts. Time is of the essence, and knowing the warning signs can be crucial in ensuring a person receives prompt medical attention. That's where the F.A.S.T. acronym becomes invaluable. Let's delve deeper into each component:

F = Face Drooping: One of the most recognizable signs of a stroke is the drooping or numbness of one side of the face. To check for this, ask the person to smile. Is their smile uneven or lopsided?

A = Arm Weakness: Another standard indicator is weakness or numbness in one arm. Encourage the person to raise both arms. Does one arm drift downward involuntarily?

S = Speech Difficulty: Slurred speech or difficulty articulating words can be a telltale sign of a stroke. Pay attention to speech abnormalities or challenges in understanding the person's words.

T = Time to Call 911: A stroke is a medical emergency, and swift action is crucial. If you observe any of the symptoms mentioned above, do not hesitate to call 911 immediately. Remember to note when the symptoms first appeared, as this information can be vital for medical professionals.

MAY VIDEO INSIGHT - "MEDICATION FEARS"

Navigating hospice with your existing medication regimen is our priority. Rest assured, we don't replace your medications with morphine, and we have a plan for any potential symptoms that might arise. Don't let concerns about medication management prevent you from exploring the valuable benefits of hospice care.

